



Therapy Resource List

This is a list of area therapy resources provided for your convenience. Please review the list for providers that match your needs. More information about pricing, insurance, additional providers, and appointments is available at the websites listed. Please contact the practice directly for any questions you may have. We have made an effort to list therapists with a Biblical worldview, but Transformation Church makes no specific endorsements.

(If you are a therapist on the list who would like to make an update or who would like to be on the list, please email care@transformationchurch.tc).

Abundant Joy Counseling, PLLC

Doerun Stokes, LMFT-A

10643 Kettering Dr., Unit 201, Charlotte, NC 28226

[Abundantjoycounselingpllc.clientsecure.me](https://abundantjoycounselingpllc.clientsecure.me)

Abundantjoycounseling@gmail.com

(704) 765-2464

Couples, Family, Teenagers (13+), Women

Access Counseling and Neurotherapy

Charlotte: 7727 Pineville-Matthews Dr., Ste. 600, Charlotte, NC 28226

Clover: 3020 Kingsbury Rd., Clover, SC 29710

accesscm.org

(704) 751-7775

Children, Teens, Adults, Couples, Families, AD(H)D, PTSD, Depression, Anxiety, Grief, PTSD, AD(H)D, Brain-Based Interventions (including Neurofeedback)

Agape Christian Counseling

Main Office: 2124 Crown Centre Dr., Ste. 400 , Charlotte, NC 28227

Myers Park: 522 Moravian Ln., Charlotte, NC 28207

Monroe: 5417 Morgan Mill Rd., Monroe, NC 282100

agapechristiancounseling.org

(704) 849-0144

Individuals, Couples, Family, Children, Teens, Sex Addiction, Substance Abuse, EMDR, EFT

Ascension Counseling and Psychology Services

Dr. Angie Beachkofsky, PhD, Licensed Psychologist

*Virtual Only

ascensionpsych.co

drbeachkofsky@gmail.com

(980) 285-8180

Adult Individuals, Older Teens, Couples, Families, MFT, CBT, DBT Anxiety, Addictions, Borderline Personality, Chronic Pain, Trauma

The Barnabas Center

John Pierce

7615 Colony Rd., Ste. 200, Charlotte, NC 28226

thebarnabascenter.org

(704) 365-4545

Individuals, Couples, Families, Groups

Carmel Counseling Center

Carmel Baptist: 1145 Pineville-Matthews Rd., Charlotte, NC 28105

Carmelbaptist.org/counseling
counselinginquiry@carmelbaptist.org
(704) 849-0686

Individuals, Families, Care Groups, Training

Carolinas Counseling Group of Charlotte

7401 Carmel Executive Park Dr., Ste. 210, Charlotte, NC 28226

Carolinascounseling.info
(704) 752-8414

Individual, Couples, Families

Collaborative Counseling Group

Buffy Wimmer, Founder, MACC, LPC
Charles Wimmer, Founder, LRS, PSS

1036 Assembly Dr., Fort Mill, SC 29708

Collaborativecounselinggroup.org
collaborativecounselinggroup@gmail.com
(980) 250-2438

Couples, Families, Individuals, Trauma, EMDR, Brain Spotting, Women, Young Moms, Kids, Teens

Daybreak Counseling

Kristyn Bly, LPC, LCMHC

10801 Johnston Rd., Ste. 205, Charlotte, NC 28226

Daybreakcounseling.net

info@daybreakcounseling.net

(704) 293-9405

Couples, Individuals, Racial Healing, Ministry Leaders, NFL Families, EMDR
Trained/Certified, EFT Certified

The Empathy Nest

Taylor Quick, LCMHC, NCC

5950 Fairview Rd., Ste. 602, Charlotte, NC 28210

TheEmpathyNest.com

TaylorQuick@TheEmpathyNest.com

(704) 266-0567

Children (2–12), Play Therapy, Expressive Arts Therapy, Parent Education Consults on
Divorce, Parent-Child Relationship Training

Jim Cress Counseling and Consulting

1136 Sam Newell Rd., Ste. D, Matthews, NC 28105

Jimcress.com

Jim@jimcress.com

(704) 726-4110

Sex Addiction, Individuals, Couples, Groups

Jonathan Hetterly, LCMHC

6809 Fairview Rd., Charlotte, NC 28210

Jonathanhetterly.com

jonathan@jonathanhetterly.com
(704) 942-1740

Individuals, Couples, Families

Living My Journey

LeKeesha Jackson, MSW, LCSW

4651 Charlotte Park Dr., Ste. 101C, Charlotte, NC 28217

LMJCounseling.com
LMJcounseling@gmail.com
(980) 494-3340

Individuals, Couples, Caregivers, Depression, Anxiety, Chronic Health Issues

Megan Clark Counseling

8045 Corporate Center Dr., Ste. 300-L, Charlotte, NC 28226

Meganclarkcounseling.com
meganclarkcounseling@gmail.com
(704) 780-3788

Adults 21+, Individuals, No Couples, Trauma, Eating Disorder, Adoptive Families, EMDR
Trained/Certified, EFT Certified

Mercy Psychological and Counseling Services

Dr. Vickey Maclin, Psy. D.

7301 Carmel Executive Dr., Ste. 200, Charlotte, NC 28226

psychologytoday.com/us/therapists/vickey-lynn-maclin-charlotte-nc/246541
Vicmaclin75@gmail.com
(757) 288-0803 / (704) 452-4199

Individuals, Couples, Intimacy, Children, Teens

Mosaic Integrative Counseling

Michelle Hurlbert, MACC, LCMHCS

10801 Johnston Rd., Ste. 103, Charlotte, NC 28226

Mosaicintegrativecounseling.com

mosaicintegrativecounseling@gmail.com

(704) 830-5000

Individuals (15+), Trauma, Abuse, Neglect

ONE:12 Counseling

Dr. Morgan Enright, PhD, LCMHCS, LMFTS, LPC

Ballantyne: 7751 Ballantyne Commons Pkwy., Ste.102, Charlotte, NC 28277

McAdenville: 102 Main St., Ste. 120, McAdenville, NC 28101

One12counseling.com

newclient@one12counseling.com

(704) 626-6550

Individuals, Couples, Play Therapy for Children Ages 2–11

Peaceful Place Christian Counseling

Dr. Galina Olivera-Celdran, PhD, LCMHC-S

1811 Sardis Rd. N, Ste. 207, Charlotte, NC 28270

Peacefulplacecounseling.org

(704) 228-3377

EMDR, Trauma-Informed, Adults (18+), Depression/Anxiety, Emotional Regulation, Relationship Difficulties

Safe Haven Christian Counseling Center

Amy Duren, MA, NCC, LPC, CCTP

*Virtual only

Safehavenccc.com

amyduren@savehavenccc.com

(479) 207-6763

Families, Individuals, Couples, Grief

Sally Warren, LMFT

10801 Johnston Rd., Ste. 205, Charlotte, NC 28226

psychologytoday.com/us/therapists/sally-warren-charlotte-nc/1366776

sallywarrencounseling@gmail.com

(980) 737-0802

Adult Women, Adolescents 13+

Silver Morning Counseling

Alissa Sprinkle, LPC-A, LCMHC-A, NCC, MACC

1902 Ebenezer Rd., Rock Hill, SC 29732

silvermorningcounseling.com

Alissa@silvermorningcounseling.com

(803) 322-8703

Play Therapy for Children ages 3+, Adolescents, Teens, Adults, Trauma, Attachment, Accelerated Resolution Therapy (ART)

Unbound & Free
Sherri Payne

unboundandfree.org

Sherri@unboundandfree.org

Sherri@safehavenmentoring.com

(681) 427-3681

Women (Esp. Dealing with Infidelity)

Uptown Psychotherapy, PLLC
Christina Felten, LCSWA

1018 East Blvd. Ste. #3, Charlotte, NC 28203

uptown-psychotherapy.com/christina-felten

christina@uptown-psychotherapy.com

(704) 412-4046

Individuals, Couples, Families, EMDR Trained, Trauma-Informed Care

Weddington Christian Counseling Center
Tony Gibson, LMFT, PLLC

9915 New Town Rd., Marvin, NC 28173

weddingtonchurch.org/weddington-christian-counseling-center

(704) 814-4220

Couples, Families, Individuals, Teens, Trauma-Informed Therapy

Suicide and Crisis Lifeline

If you are in crisis or you know someone who is, please

Call or Text 988

988Lifeline.org

If you need to call 911 for a mental health crisis for you or someone else, ask for a “CIT-trained officer” (Crisis Intervention Training). Most area agencies have this training.

You can also call for urgent, non-violent crises including suicidal thoughts:

Mecklenburg County Mobile Crisis Line

(704) 566-3410

Hope4NC Helpline

(855) 587-3463

Atrium Behavioral Health

(704) 444-2400

Novant Behavioral Health

1-800-786-1585

Lancaster County Behavioral Health Department Crisis Line

(701) 394-2631

Veterans Crisis Line

1-800-273-8255 (#1) or text 838255

Domestic Violence

Call: 911

To request help leaving the home, call 911 and request “Safe Passage” or “Safe Escape” and a sheriff will come to help you leave safely.

South Carolina:

Mother’s Nest

(917) 396-2656

mothersnest.org

Shelter for women and children leaving exploitation and sex trafficking

Safe Passage

(800) 659-0977 / (803) 329-2800

safepassagesc.org

Serving residents of York, Lancaster, and Chester Counties in SC

24 hour emergency shelter, support, referrals, therapy

Sister Care

(803) 765-9428 (crisis hotline)

(803) 926-0505 (general inquiry)

Located in Columbia. Crisis planning, support and education

North Carolina:

Cabarrus Victims Assistance Network

(704) 788-2826

www.cvan.org

Serving Cabarrus County. Safety, shelter and support

Mecklenburg County Domestic Violence Services

(704) 336-3210

css.mecknc.gov/domestic-violence

Serving Mecklenburg County. Therapy, youth services, supervised visitation and safe exchange

Safe Alliance

(980) 771-HOPE

safealliance.org

Shelter, victim assistance, sexual trauma resource center

Turning Point

(704) 283-9150

Crisis: (704) 283-7233

Sexual Assault Crisis: (704) 283-7770

www.turningpointnc.org

Serving Union County. Shelter, education, support and referral

National:**National Domestic Violence Hotline**

(800) 799-SAFE (7233)

Text "START" to 88788 or chat online

Thehotline.org

Both victims and abusers can reach out for help to end the cycle of violence. Support and directory of local providers available.