

FEAST

ON HUMILITY

SUMMARY:

Our sermon series, *Feast*, takes place during the season of Lent, which is a 40-day period of time in which we prepare our hearts for Easter. It's a time of self-examination, reflection, and repentance so that we can follow Jesus at a deeper level.

This week's sermon focused on humility. Dr. Joel Muddamalle shared from Psalm 46 and Paul's message to the religiously curious Greeks in Athens (Acts 17). We were reminded that detours and delays are not denials from God. They are divine redirections wrapped up in a peculiar package of grace. Humility is recognizing the vast strength of God who is like a mighty fortress for us to rest in. In His strength we are free to live and move and have our being.

DISCUSSION QUESTIONS:

As you begin your discussion, take time to discuss what makes a particular location feel secure (examples: bank vault, bunker, the arms of a parent). Where are the places you feel most secure?

Read Psalm 46.

- What are some words used to describe what God is like?
- What are the circumstances the people are facing?
- Are there any similar circumstances happening in our world or your life currently?
- How might our present circumstances make us feel small and overwhelmed?
- What action does this passage tell us that God takes?

Choose one verse from Psalm 46 that speaks to you and share it with your group.

- Why did you choose that verse?
- Who do you need to share that truth with this week?

Read Acts 17:26-29

- Who is Paul speaking to in these verses?
- What is his message to them?
- Why might this message be good news to religiously curious people?
- Are there any religiously curious people in your life?

Read Acts 17:26a

- What does this verse say about your place in God's order?

- How does it feel to know all of your life and movements are contained within His vastness?
- How might God's limitlessness help you reimagine your circumstances?

Consider now the combined promise of Psalm 46 and Acts 17:26

- What do these verses tell us collectively about our place in God's vastness?
- How do these verses help you to love God more completely?
- How do these verses help you to love yourself more correctly?
- How do these verses help you to love your neighbor more compassionately?

End your time together by reading Psalm 46 aloud together as a prayer.

Soul Tattoo: Feast on humility!