

flourish

GROWING IN GOD'S GARDEN OF GRACE

DATE: June 4, 2023

RECAP: Pastor Clayton King was our guest this week and he brought a powerful message on flourishing in grief. Grief is an inescapable experience in life. We all go through hardships and challenges. We all experience loss. The good news for the Christ-follower is that grief doesn't have to be bleak. Grief is an invitation for God to join you in your weakness. The grieving process doesn't have to be miserable and isolating, it can be both unpredictable and fruitful. Above all, we know God is with us in our grief. We can rely on Him to carry us through it all.

DISCUSSION QUESTIONS:

- Think back to a time of grief in your life. Share how you went through that process. What was difficult, what was comforting?
- In what ways did Jesus experience grief on earth? Draw upon examples from Scripture.
- How does Jesus' experience shape the way you view Him and how you relate to Him?
- Read Psalm 34:17-18. In what ways has God shown up for you when you've been brokenhearted or crushed in spirit?
- What are some ways we can grow in our grief?
- Read Psalm 119:75-76. What are some ways you can comfort others when they are grieving?
- Pastor Clayton said, "when grief won't go away, put it to work." How can you put your grief to work?
- Close your time together sharing your burdens and praying over one another.