

DATE: April 2, 2023

RECAP:

What does it mean to rely on Jesus? Even as Christ-followers, we often forget the power of God over sin in our life. We act as though it is fully up to us to resist temptation and walk in obedience to Jesus. We may find ourselves feeling burned out by continuously trying to be better and failing to measure up.

This is an exhausting cycle but there's good news. We don't have to stay stuck in this pattern because we're invited to rely on God. When we remember the grace, life, death, and resurrection of Jesus Christ, we can turn from trying in our own strength to relying on our Savior and King. We were baptized into the family of God and are made new in Christ. In Him, we turn from sin that destroys us and harms others. Instead, we're gifted a new life - one that reflects God's glory to the world.

DISCUSSION QUESTIONS:

- Read Romans 6:1. Why is this verse important to remember as we think about turning from sin?
- What is an area of your life that you find yourself striving or trying to overcome? What would it look like to surrender and rely on God?
- Read Romans 6:2-11. This is a longer passage, but it is so rich in hope. What stands out to you about this passage?
- What does trying by yourself look like? What does relying on God look like?
- How can you partner with God in helping others find healing through relying rather than trying? Who can you encourage with this today?