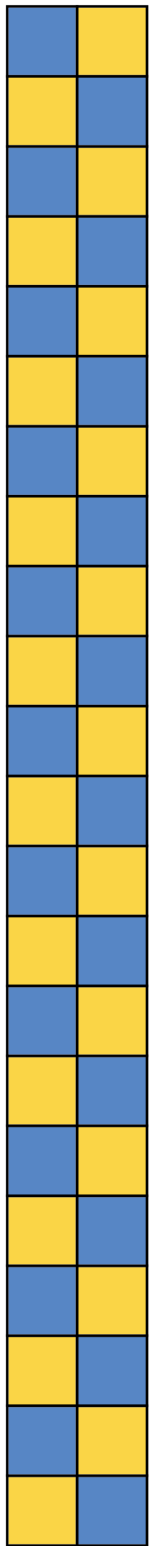


# IT'S TIME FOR DIFFERENT



## Conversation Guide

**Pastor Derwin L. Gray & Vicki Gray**

Week 3 - It's Time to Love Yourself Correctly

## SERMON RECAP:

Often in Christian circles you hear a lot about loving God and loving others. Generally, this is something that Christ followers agree that we should all do. But what about loving ourselves?

Loving yourself is not something you frequently hear about in church. At TC, however, we see it as a vital step in our journey as Christ followers.

The Problem:

We view ourselves incorrectly because we are looking to external sources for our identity; this is called idolatry.

God's Solution:

To love ourselves correctly is to see ourselves as God sees us in the Messiah.

When God looks at us, He sees Jesus. In Christ, we are holy, chosen, and without fault. We are God's own people and His eternal loving affections are set upon us with unending intensity.

Have you embraced God's view of yourself? Pray about how you can learn to see yourself as God sees you.

## DISCUSSION QUESTIONS:

Upward

- When you read the Problem & God's Solution in the sermon recap, what comes to mind? Is this problem something you've struggled with?
- How do we know God looks at us with love and compassion? (Ephesians 4:1-6)

Inward

- What does it mean to be holy, chosen, and without fault before God?
- Read Colossians 3:2-3. How do you "set your mind on things above"?
- Read Psalm 63:3. What is the significance of this verse? How is God's faithful love better than life?

Outward

- Who around you struggles to love themselves? How do you feel when you hear them putting themselves down or being negative about who they are?
- How can you encourage the people around you to love themselves correctly? Ask God for an opportunity to show someone love this week.

## SOUL TATTOO:

See and believe what God sees and believes about you.

## ACTION STEP:

Join our BetterMan and For Her: Connect Mid-Size Groups!