

Healing from the Trauma You Survived

Dr. Sandra Dalton-Smith

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1 Samuel 30:3-4

1 Samuel 30:6

1 Samuel 30:7

Proverbs 4:23

1 Samuel 30:8

Proverbs 20:5

1 Samuel 30:9-10

Soul Tattoo: Now that you survived the trauma, it's time to begin the deeper work of healing.

Action Step: Explore serving with our Support Services team.