

## THE GOOD LIFE

*Happy Are the Sad*

Pastor Derwin L. Gray

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You will become happy when what breaks \_\_\_\_\_ heart breaks \_\_\_\_\_ heart: sin, injustice, suffering. (Matthew 5:4 CSB & Isaiah 61:1-2)

If you dismiss grief, you forfeit \_\_\_\_\_. (Psalm 34:18)

### Happy are the sad because they:

1. Repent of sin and embrace the \_\_\_\_\_, individually and corporately. (Isaiah 6:1-7 & Psalm 32:1)
2. Join Jesus in bringing redemptive \_\_\_\_\_ to the world. (Isaiah 6:1-8, Hebrews 13:3, Isaiah 1:17)

### Soul-tattoo:

- Grieve, Grow, & Go
- Happiness Manifesto:

*I, \_\_\_\_\_,*

*declare that all I would ever hope to be is found in all of who Jesus is. My life is hidden in His life. His life is my life.*

*As a gift of grace, Jesus lived a sinless life because I couldn't.*

*In His unending mercy, Jesus died the death I should have to atone for my sin. Today, I am free from the power of sin and death.*

*Because of His great love for me, I am a holy, blameless, righteous, adopted child of God. I am pleasing to the Father because I am in His beloved Son.*

*The happiness I seek can never be satisfied by created things.*

*The happiness I was created to experience is not found in happenings.*

*True happiness is more about God making me good than good things happening to me.*

*Today, I declare that I choose happiness because I choose Jesus, His kingdom, and His glory.*

*Today, I declare that I will choose the ways of His kingdom, the truth of His gospel, and live from His life.*

### Action Step:

- Join a *Good Life* Group
- Read Bryan's Story on pages 59-62 of *The Good Life*.