

RHYTHM

Dancing When You Don't Want to Dance

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How Do You Dance when You Don't Feel Like Dancing?

By faith, remember that:

T_____ mature us (James 1:2-4 CSB)

By faith, remember that God:

R_____ our lives to align us to His will (Romans 12:1-2)

By faith, remember in difficult times, God's:

U_____ love (Romans 5:1-5)

By faith, remember that God's:

S_____ power is only for the weak (2 Corinthians 11:24-30, 2 Corinthians 12: 8-9)

By faith, remember that God has:

T_____ goodness in mind for us (Romans 8:28-29)

Soul-tattoo: Recite this affirmation daily.

*Holy Spirit,
There are times when I do not feel like dancing;
There are times when life is hard.
When I am too weak to dance, pour Your love into my heart.
Lord Jesus,
There are times when I do not feel like dancing;
There are times when life can be confusing.
When I am too weak to dance, help me remember that Your grace is sufficient.
Father,
There are times when I do not feel like dancing;
There are times when life can be disappointing.
When I am too weak to dance, grab my hand and remind me of Your goodness.
Oh God,
Give me power to dance with You, even when I don't want to, but need to.
In Jesus' Name, Amen*

Action Step: Watch our Brain Health Conversations on YouTube Tuesdays at 7pm.