

Walls - Breaking Through the Wall of Unforgiveness Part 1



Dr. Derwin L. Gray - 03/08/20

Conversation Guide:

Create a meaningful conversation. Feel free to adjust the questions as needed.

- ◆ When we harbor unforgiveness, it's a sin. Read **Ephesians 4:32**. Why should we forgive others? Have you experienced God's forgiveness? How does that feel? How has His forgiveness changed you?
- ◆ Unforgiveness is a wall that deteriorates our humanity, sickens our bodies, and steals our happiness. Have you struggled with unforgiveness in your life and experienced any of these negative effects?
- ◆ Jesus forgives us to reconcile us to His Abba, restore our humanity, and restore our happiness. Read **Romans 5:8-11**. What does it mean to be reconciled to God? What 's the result of receiving this reconciliation?
- ◆ Read **Ephesians 4:20-24** and **Psalms 32:1**. Jesus' forgiveness restores our humanity. What does it mean to be human? How does your new self differ from your old self? Are you happy that your sin has been forgiven? How does that happiness manifest in your life? If you've lost touch with that happiness, how can you regain it?
- ◆ Jesus forgives us by His substitutionary atoning sacrifice on the cross. Read **I John 2:1-2**. What's the meaning of "atonement"?
- ◆ The blood of Jesus forgives past, present, and future sins. Read **Ephesians 1:5-7**. Do you struggle with this concept? If so, how can you embrace God's forgiveness?
- ◆ Forgiven people forgive people. Read **Colossians 3:12-13**. Is there someone in your life that you need to forgive? How can you take a step towards forgiveness this week?

Soul-tattoo: Daily read the affirmation found in the Worship Guide.

Recommended Resources:

- *Simply Jesus: A New Vision of Who He Was, What He Did, and Why He Matters* by N.T. Wright.
- The Bible Project - Sacrifice and Atonement video - <https://bibleproject.com/videos/sacrifice-and-atonement/>
- *Limitless Life* by Derwin L. Gray