



Walls - Breaking Through the Wall of Insecurity

Dr. Derwin L. Gray - 03/29/20

Conversation Guide:

Create a meaningful conversation. Feel free to adjust the questions as needed.

- ◆ Being insecure means that you feel doubtful and lack confidence in yourself. It means you feel anxious and fearful about yourself, a present event in your life, or the future. Has there been a time in your life when you felt insecure, but it turned out that you were capable? What was that realization like for you?
- ◆ As a believer, you know that Jesus has torn down the wall of insecurity. You are indwelt with the Holy Spirit, Who empowers you. How do you tap into that power? You learn to rest. Read **Colossians 3:1-4**. How is resting described in these verses? How do you "set your mind on things above"? What security do you receive from knowing your life is hidden in Christ?
- ◆ You rest by remembering Who is: holding you, loving you (Jesus), our Father, our strength.
- ◆ Read **John 10:27-30**. How do these verses provide you security?
- ◆ Read **Romans 8:35-39**. Have you ever felt like something you did could cause God not to love you anymore? What do these verses tell you? You can be secure in God's love.
- ◆ Read **Romans 8:14-17**. God is your Father. Depending on your experience with your dad, this may bring up conflicting feelings. According to these verses, what kind of Dad is God? How does your obedience to Him reflect that you belong to Him?
- ◆ Read **2 Corinthians 12:9-10**. Why and how is God's strength demonstrated in your weakness? How does this provide you security? You can be secure in His strength.

Soul-tattoo: Daily Affirmation.

Action: Daily, take time this week to intentionally disconnect from technology to pray through the daily affirmation.

Father,
 Thank you that You are eternally and securely holding me in Jesus' nail-pierced hands.
 No matter what, I can't be pried loose, Jesus won't ever let me go.

Father,
 Thank you that Your love is shaped like a cross
 And that there is power in Your love.

Father,
 Thank you that I am more than a conqueror in Christ.
 In Him, He is my 'Good Enough.'
 In Him, He is my 'Confidence.'
 In Him, He is my 'Strength'
 In Him, He is my 'Wisdom.'

In Him, I will be and do what You have called me to be and do in this world!
 In Jesus' Name, amen.

Recommended Resources:

The Search for Significance by Robert S. McGee; The Bible Project video - How to Read the Bible: New Testament Letters: <https://bibleproject.com/videos/new-testament-letters-epistles-historical-context/>; *Reading Romans Backwards* by Scot McKnight