

WALLS

Breaking Through the Wall of Fear
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3.22.2020

What is Fear?

Fear is an unfriendly emotion caused by the belief that someone or something is dangerous, causing pain, loss, failure, or embarrassment.

Family, we need each other in order to break through the Wall of Fear. (Esther 2:5-7, 2:10, & 2:17 CSB)

Allow Fear to Push You to Jesus. (Esther 3:5-6)

How Do We Break Through the Wall Called Fear?

1. Love God and people more than fear.
2. Pray and fast. (Esther 4:15-17)
3. Rely on God's power, not your own. (Esther 7:3-4 & 2 Corinthians 12:9-10)
4. Jesus is the new and greater Esther. He is the mediator between God and people. (1 Timothy 2:5-6)

Soul-tattoo: Recite this affirmation daily

Father,
when I'm afraid, I run to You.
Jesus,
When I need courage, I run to You.
Holy Spirit,
When I can't be brave, I run to You.
Jesus,
When I need hope, I run to You.
Holy Spirit
When I need peace, I run to You.
Father,
When I need joy, I run to You
God,
I will not fear
You are my courage
You are my strength
You are my joy
You are my life

I sought the LORD, and He answered me and rescued me from all my fears. **Psalm 34:6 CSB**

Action: Read Chapter 5 of *The Good Life*.