

ACTION - Action in Silence

Dr. Derwin L. Gray - 01/19/20

Conversation Guide:

- ◆ Do you have a hard time with silence? If so, what's difficult about it? When was the last time you sat in complete silence? Remember, God will accomplish more in our silence than in our taking control.
- ◆ Read **James 1:19-26**. The spiritual discipline of silence helps us slow down so we can hear and see God, ourselves, and people. We don't practice silence to be introspective, but to think of things of the Lord. Why do you think silence helps us to focus on God?
- ◆ Read **James 1:18-21**. How does remembering the saving grace of King Jesus help us to slow down?
- ◆ Read **Ephesians 2:4-9**. Have you embraced the life-giving, faithful love of King Jesus? When we remember that we are saved by grace and not through works, how does that help us to slow down?
- ◆ Read **James 1:22-25**. What does obedience produce? The Greek word for blessed also means happy. How do you see the relationship between blessings and happiness?
- ◆ Read **James 1:26** and **Galatians 5:22-23**. What does it mean to walk in the Spirit? What happens when we walk in the Spirit?
- ◆ What are some ways you can practice silence this week? (*Examples: Go for a nature walk, pray when you wake up instead of checking your phone, drive with no music or podcast playing.*)

Soul-tattoo: Continue reading the book of James this week.