

**THE BREATH OF GOD GIVES US NEW CHARACTER**

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5-19-19

Open in prayer.

How does an apple tree make an apple? Does it think, “make an apple, make an apple, make an apple” and one magically appears? Or, does it abide in its roots and allow what’s on the inside produce what’s seen on the outside? This same is true in Christ followers. We can’t produce our own spiritual fruit (John 15:1-5). The *fruit of the Spirit* can only be formed in us by the Holy Spirit Who lives in us.

Jesus tells us to abide in Him and through this abiding, fruit is produced. In John 15, Jesus says, ‘apart from Me, you can do nothing’, meaning outside of Jesus there is no real, godly fruit. But praise Jesus because we are united with Him through the Holy Spirit and fruit is produced. As our new hearts worship Jesus, fruit is produced.

- The highest priority of God, the Holy Spirit, is to form Christ in us.

**Read Galatians 5:19-21 CSB**

In Galatia, Paul was writing to a new and confused church of new Jewish and Gentile believers. They brought their old baggage into their new family that negatively affected this new Bride of Christ. Paul needed to address this and in doing so, he writes to them [and to us] a very detailed list of Pagan and Christian worship.

- While the works of Pagan worship can linger in our flesh, the roots that fed them are gone. Like a tree, our new root system is now in Christ and fed by the Holy Spirit. From the list below, what are some of the “old fruit” that lingers with you?
- How does the Holy Spirit let you know when you worship in your flesh?
- What is the good news found in Romans 8:1?

**Pagan Worship**

Sexual Immorality, Moral Impurity, Promiscuity  
Idolatry, Sorcery  
Hatred  
Strife  
Jealousy  
Outbursts of Anger  
Selfish Ambition  
Dissensions  
Factions  
Envy  
Drunkenness  
Carousing

**Christian Worship**

Love  
Joy  
Peace  
Patience  
Kindness  
Goodness  
Faithfulness  
Gentleness  
Self-Control

**Read Galatians 5:22-25 CSB**

The fruit of the Spirit is so different from the “works of the flesh”. This is what God, the Holy Spirit, will produce in you and me. Verse 17 says, “For the flesh desires what is against the Spirit, and the Spirit desires what is against the flesh; these are opposed to each other.” Compare and contrast the list above. Discuss specifically, how they are “opposed to each other”?

**Read Romans 13:13-14 CSB**

“Walk the walk” is something we hear from time to time. Paul is imploring us to “walk with decency”. He is imploring us to walk in a manner opposed to the very same list found in Galatians 5. He then asks us to “put on the Lord Jesus Christ”. How often do you put on your clothes? How often do we put on Jesus?

- In the **Soul-tattoo** below are four ways to walk in the power of God, the Holy Spirit. Discuss each one and how we all can take steps to “walk the walk.” What are some of your Spiritual habits that help you “put on Christ”? (prayer; reading Scripture; resting in Him; Sabbath, etc.). Teens, how can you walk in the power of God, the Holy Spirit? Can this be difficult for you?

**Soul-tattoo:** Choose to walk in the power of God, the Holy Spirit through community, unity, prayer, and obedience.