

## RECOMMIT

Recommit 2 Pray  
Dr. Derwin L. Gray

### Time to PRAY

1. Read the Lord's Prayer in Luke 11:1-4 and ask the Holy Spirit to form us into a people who embody this prayer.

### Marinate on this Gospel truth:

2. The term used most in the New Testament to describe a follower of Jesus is "disciple". It is used 269 times. The term "Christian," which describes how Jews and Gentiles became a new ethnicity by believing that Jesus was Israel's Messiah and Lord of the universe (Acts 11:26). The new multiethnic people of God (Church) was in fulfillment of God's covenant with Abraham.
  - As you read this, what insights do you have?

### What is a disciple?

3. A disciple is an apprentice of Jesus, who is committed to relying on the life of Jesus to accomplish the vision of Jesus.
  - Jesus' vision is to empower His disciples to represent His ministry and mission to the world, which is found in Matthew 22:37-39 (Great Commandment) and Matthew 28:18-20 (Great Commission).
  - Read these verses and discuss.
  - How do you find this understanding helpful to your understanding of discipleship?

### Jesus Help! Teach us to Pray

4. What is prayer? Prayer is loving, personal communion and communication with the living God.
  - How do you view prayer? Is it a means of getting God to do something for you or is it loving, personal communion and communication with God?
5. What does prayer accomplish?
  1. Prayer establishes a life-long intimacy and dependence with God the Father. (Read Luke 11:1-2)
    - Discuss why this is important.
  2. Prayer aligns our will to God's will for our lives. (Read Luke 11:2-4)
    - How does this influence the way you pray?
  3. Prayer conforms us into the image of Jesus.
    - The Disciples Prayer is the embodiment of Jesus' life and as we pray by faith and obedience, we are conformed into the image of Jesus.
    - What insights do you glean from this?

**ALERT:**

- God does not lead us into temptation. The phrase is about when Jesus was lead into the wilderness to be tempted by Satan just as the nation of Israel was tempted by Satan in the wilderness during the Exodus (Matthew 4:1-11). Jesus defeated the temptations of Israel in the wilderness and destroyed his work on the cross and in His resurrection (Colossians 2:-14-15). Because Jesus lives in us by the Holy Spirit's power, we too have the power to not succumb to the devil's temptations to sin.

**Soul-tattoo:**

Practice the 3 Daily Offices of Prayer:

Morning Prayer → Luke 11:1-4

Midday Prayer → Matthew 22:37-39

Evening Prayer → Matthew 28:18-20

**Resources:**

- *Face to Face: Praying the Scriptures for Intimate Worship*
- RJ Utley Free Bible Commentary (<http://www.freebiblecommentary.org/>)