

CROSSFIT

How the Titanic Sank – Part Two
Pastor Derwin L. Gray – January 14, 2018

What is God's Goal for You?

- To reach your redemptive potential:
 - As the Body of Christ (Romans 12:4-6 CSB)
 - As an effective Royal Priest (1 Peter 2:9 CSB)
 - Who embodies His Temple (Ephesians 2:19-22 CSB)

Living life on the surface will sink you and your vocation.

4. Dividing Our Lives into "Secular" and "Sacred" Compartments
5. Doing for Jesus Instead of Being with Jesus
6. Spiritualizing Away Conflict
7. Hiding Our Brokenness, Weakness, and Failure

How Do You Live Beneath the Surface?

- By Being Rooted and Established in Love (Ephesians 3:16-19 CSB)

Soul-tattoo: Practice the spiritual disciplines of silence and solitude while prayerfully marinating on the sermon notes and study guide questions. (Revelation 1:5-6 CSB)

Crossfit Resources:

- ***Emotionally Healthy Spirituality*** by Pete Scazzero
- **Free Bible Commentary (New Testament):**
www.freebiblecommentary.org/new_testament_studies/written_commentaries.htm
- **Free Bible Commentary (Old Testament):**

www.freebiblecommentary.org/old_testament_studies/written_commentaries.htm