

# THRIVE

## How to Thrive as a Parent

Dr. Christopher McCarthy – August 20, 2017

- Dr. Christopher McCarthy said, “Parenting is far less about producing a product, and far more about maximizing a process.” Are you producing a product or maximizing a process? Discuss as a group.
- Read Deuteronomy 6:5-9 and discuss this statement, “You must have a healthy and proactive relationship with your child.” What are ways that you can grow in this as a parent?
- Read Proverbs 3:5-7. What does it mean to allow God to parent you as you parent your children? Even if you don’t have children of your own, how does this apply to you?
- Read Proverbs 22:6. Give examples of what it looks like to help your child discover their God-given bent. Whether you have your own children or not, how can you help those around you to do this?
  - TC Kids is a great opportunity to allow your children to begin to learn about Jesus at a young age! For more information, visit [www.TransformationChurch.tc/kids](http://www.TransformationChurch.tc/kids).
- Read Proverbs 22:15. What does it mean to shepherd your child’s will?
- Dr. Christopher McCarthy shared two statements. Discuss these as a group.
  - Rules without relationship leads to rebellion and resentment.
  - Likewise, relationship without rules leads to entitlement and permissiveness.

**Soul-tattoo:** Utilize all that TC has to offer to help you and your child thrive.

- TC Care offers great resources for parents and children. Contact [Care@TransformationChurch.tc](mailto:Care@TransformationChurch.tc) for more information.