

# HOW TO GET UNSTUCK

## Contentment

Pastor Derwin L. Gray – May 14, 2017

1. Open in prayer by reading Psalm 63:3-5.
  - My lips will glorify You because Your faithful love is better than life. So I will bless You as long as I live; at Your name, I will lift up my hands. You satisfy me as with rich food; my mouth will praise You with joyful lips. Psalm 63:3-5 CSB
  - Ask the Lord to form the Transformer Family into a people of contentment because we are content in Jesus.
2. What insights did you gain when Pastor Derwin said, “We live in a time of epic excess and epic access, which has led to epic discontentment”?
  - Pastor Derwin also said, “The danger behind our discontent is the dark, demonic power called idolatry, the worship of false gods. Worshiping a false god means that I believe something is going to give me more meaning and satisfaction than Jesus.” Discuss the implications of this statement.
3. How did the statement, “If you learn how to be content with God’s provision, you can learn how to get unstuck” impact you? **Step into His-story:** When God redeemed (set Israel free) from slavery, it was only a 40-day journey to the Promised Land that God gave them. 40 days turned into 40 years of being stuck in the desert. One of the reasons Israel was stuck was because of discontentment.
4. Pastor Derwin said, “Do not let DISCONTENTMENT take you on an unnecessary detour.” Read Numbers 11:1-8. What insights do you glean from the Scripture? Note: The Riffraff were non-Israelites who influenced the Israelites by complaining and by not being content with God’s provision of manna.
  - Nuggets of wisdom—discuss the insights you gain.
    - Be careful of your circle of influence. Do they influence you towards God or away from God?
    - Complaining goes viral!
5. God caused manna to rain down from heaven, yet they were discontent with God’s provision because they compared manna to the “free” fish as slaves in Egypt. Pastor Derwin taught, “Never forget, comparison is an enemy of contentment.” How have you seen comparison steal your joy and cause you to get stuck?
6. Read Numbers 11:10-15. What insights do you glean from this exchange between Moses and God?
7. Pastor Derwin stated, “Contentment is being satisfied in God’s provision because you are satisfied in God Himself.” Now read Psalm 63:3-5 and discuss.
  - Contentment is a spiritual discipline that requires intentional reliance on God the Holy Spirit. What do you think about this statement?
  - Pastor Derwin also said that “Believing ‘the best is yet to come’ is a formula that creates a lack of gratitude and discontentment. If we are always looking to something better, we can’t enjoy what Jesus is doing now!” Discuss. NOTE: The best is yet to come! His name is Jesus and He’s coming back and ushering in the New Heavens and New Earth! That’s the best that is yet to come.

### How Do We Become Content in God’s Provision?

8. Pastor Derwin taught, “Let God give you an attitude of gratitude!” Read John 6:35-36; 41-43. Reflection: As Jesus interacts with the Jews, it calls to remembrance the children of Israel in the wilderness in Numbers 11. Just as the Jews were not satisfied with God’s manna (bread from heaven), the Jews of Jesus’ time were not satisfied with the true Bread from heaven, Jesus. Jesus is the true Bread from heaven that feeds our eternal hunger for love, forgiveness, and mission. Jesus is the true Bread from heaven who gives us contentment and gets us unstuck. Discuss any insights you gain from this.
9. Pastor Derwin said, “Blessings turn into a curse when we are not satisfied in God Himself.” Read Numbers 11:18-20 and discuss.

**10. Together, we are going repent of our discontentment with God and His provision. Close in Corporate Prayer: Read these verses out loud together. And then spend some time in quiet reflection and repentance.**

I don't say this out of need, for I have learned to be content in whatever circumstances I find myself. I know both how to make do with little, and I know how to make do with a lot. In any and all circumstances I have learned the secret of being content—whether well fed or hungry, whether in abundance or in need. I am able to do all things through Him who strengthens me. Philippians 4:11-13 CSB

My lips will glorify you because your faithful love is better than life. So I will bless you as long as I live; at your name, I will lift up my hands. You satisfy me as with rich food; my mouth will praise you with joyful lips. Psalm 63:3-5 CSB