

# HOW TO GET UNSTUCK

## Resiliency

Pastor Derwin L. Gray – April 30, 2017

1. Open in prayer.
2. Discuss any insights you've gained from Pastor Derwin's statement, "The Bible is a love story about a God who desires a family to love (Genesis 12:1-3; Galatians 3:8). This family, called the Church, become expressions of His love on the earth."

### How Do We Get Unstuck? We Get Unstuck By:

3. Having faith in God and trusting His redemptive purpose for our lives.
  - The Exodus (The Lord leading the Israelites out of Egypt—see the book of Exodus in the Old Testament) is the Church's story, too. It's where God (YHWH) redeems or sets us free from slavery so we, His people, can worship Him and be a witness for Him on the earth. Read Exodus 19:5-6 and 1 Peter 2:9-10 below. What stands out to you in these two comparative verses that is a foundational belief to the Christian?

#### Exodus 19:5-6 CSB

'Now if you will carefully listen to Me and keep My covenant, you will be My own possession out of all the peoples, although the whole earth is Mine, and you will be My kingdom of priests and My holy nation.' These are the words that you are to say to the Israelites.

#### 1 Peter 2:9-10 CSB

But you are a chosen race, a royal priesthood, a holy nation, a people for His possession, so that you may proclaim the praises of the One who called you out of darkness into His marvelous light. Once you were not a people, but now you are God's people; you had not received mercy, but now you have received mercy.

4. Remembering our identity when we face hardship forms us into resilient people. Pastor Derwin defined resiliency as the capacity to recover quickly from difficulties (toughness or grit). Explain why remembering your identity helps you to become resilient in hardship.

- Read Numbers 11:1-6 CSB
- Israel had experienced all that God had done to set them free from Egypt, yet they complained about the hardship they faced on the journey to the Promised Land. We don't know specifically what the hardship was in Numbers 11:1, but it produced a lack of faith, and where there is a lack of faith, there is disobedience, which produces the bitter fruit of sin. What stands out to you in this statement and why?
- Read Numbers 10:14,18. Considering that these passages are on preparing for battle, why do you think Israel responded to hardship by complaining?
- Pastor Derwin said, "You can expect hardship on your way to the Promised Land (New Heavens and New Earth)! Put on the armor of God." Read Ephesians 6:10-11. What insights did you gain? We are in a spiritual battle!
- Discuss the following diagram and the various hardships that will press in on us.



5. God wants to use us, but it's difficult for that to happen when we're stuck. Discuss the question that Pastor Derwin asked, "Will you let Jesus give you spiritual resiliency as you journey to the Promised Land (New Heavens and New Earth)?" Read James 1:2-4 and Romans 5:3-5.

- On our journey to the New Heavens and New Earth (The Christians' Promised Land), we are prone to complain just as Israel did during hardship. Yet God's grace in Christ is available to us if we call on Him.
- Read Numbers 11:2. Just as Moses interceded on behalf of Israel, Jesus on the cross interceded for us, and now sits at the right hand of the Father continuing to intercede for us (Romans 8:34).
- Read Romans 10:11-13. The "saving" in Romans 10:10-13 is a "sanctifying saving," not a saving that brings us into God's family. It's a saving that grows us as God's children. Explain why this is important.

6. Close by praying for TC to be a resilient church, along with the rest of the Church worldwide.

Close in prayer.