

Who We Are - Humility Study Guide

Dr. Derwin L. Gray - 10/6/19

Conversation Guide:

Create a meaningful conversation. Feel free to adjust the questions as needed.

- Humility gives us the supernatural ability to see Christ and His desire for us, and for others, and how we should treat them.
- Read **Philippians 2:1-2**. Do you see yourself as united with other believers? What are some hardships that may come from in unity with others? What are some joys that that may come from being in unity with others?
- Read **Galatians 5:14-15**. "Love your neighbor as yourself." Sounds simple, doesn't it? But we all experience complications and tensions when it comes to this command. What are some tensions you feel when it comes to loving your neighbor? Who do you know that embodies this command well? How does he/she show love to their neighbor?
- Read **Philippians 2:3-4**. "Do nothing. . ." is a strong instruction! Do you find this concept challenging? What are some ways you can consider others greater than yourself in your home life, work life, school life, etc.?
- As a result of embracing humility, we become coachable and willing to learn. When we are most confident in ourselves, we are the least coachable. Also, when we are insecure in ourselves, we tend to be un-coachable because we don't want to be found out. Reflect on the areas of your life where you are over-confident and where you are insecure. How can you submit these areas of your life to Jesus? How can you begin to trust Him with every area of your life? How can you build your identity in Christ alone and not in your abilities or shortcomings?
- Read **1 Peter 5:5**. In what ways is God humbling you right now? Who in your life displays spiritual maturity and from who you can learn?
- **Philippians 2:6-11** is one of the earliest creeds of the Church. Together, read these verses.

Soul-tattoo: Together, receive the Lord's Supper. **Read Luke 22:19-22** before receiving the elements. *Grape juice and bread are suitable communion elements.*