

INSURGENCY

The God Who Bleeds - IV March 3, 2019

Notes:

• Matthew 6:9-12 CSB

The God Who Bleeds:

• Forgave us so that, through the power of the Holy Spirit, we can forgive. (Ephesians 4:32 CSB)

What is Forgiveness?

"Forgiveness is releasing resentment and pardoning one who has offended or hurt you." — Laura Petheridge

Five Things Forgiveness is not:

- 1. Forgiveness is not a feeling. (Luke 17: 3-4)
- 2. Forgiveness is not pretending you were not hurt.
- 3. Forgiveness is not <u>condoning</u> what the person did to you.

(Ephesians 4:15, John 8:32, 1 John 3:18)

- 4. Forgiveness is not trusting the offender. (Proverbs 3:5-6)
- 5. Forgiveness is not <u>relieving</u> the person of responsibility.

How Do We Forgive?

- By remembering the kindness and compassion Jesus gave you. (Ephesians 4:32)
- *"To forgive is to set a prisoner free and discover that the prisoner was you."* Dr. Lewis Smedes

Soul-tattoo:

Forgive who you need to forgive.