

# Recommit

## **Recommit 2 Margin**

Dr. Derwin L. Gray – October 7, 2018

#### Notes:

- Activity is not necessarily accomplishment.
- Creating margin in our lives will help us mature as Jesus' disciples. (Mark 1:32-37 CSB
- Margin is the gap between rest and exhaustion. Margin is the <u>opposite</u> of overload. (Matthew 11:28-29)

#### MARGIN HELPS US...

- 1. Margin helps us to understand what it means to <u>love ourselves</u> correctly. (Matthew 22:37-39, Romans 6:3-4, 1 Corinthians 12:12-13)
- 2. Margin helps us to slow down and to think.
- 3. Margin helps us slow down and do more by doing less.
- 4. Margin helps slow us down, so we can love our <u>neighbor</u>. Leviticus 19:9-10 CSB

### Soul-tattoo:

- Schedule time to schedule margin in your calendar.
- Sign up to be baptized.