

# CROSSFIT

Finding Your True Self: Identity in Christ  
Mark Maulding – March 11, 2018

Mark Maulding is founder of Grace Life International, one of the largest Christian counseling and teaching ministries in America. He's a speaker, counselor, leadership coach, and an owner/member of TC! He and his wife, Ellen, have four adult children, including a daughter with Down syndrome who, along with her three brothers, recently finished college. His book, *God's Best-Kept Secret*, is available on Amazon.com.

1. The cross makes us fit to not view God as religious.
2. The cross makes us fit to not call ourselves sinners.
3. The cross makes us fit to not focus on right and wrong.

**Soul-tattoo:** Take the 7-Day No Checklist Challenge Prayer

Dear heavenly Father, I admit that I have tried hard to live as a Christian to keep my checklist of right and wrong for way too long. I'm ready to begin depending on Jesus Christ to live in and through me instead. In my mind, I take my checklist and burn it into ashes. Now that it is gone, Jesus, I ask you to live in and through me for the next seven days. Holy Spirit, please remind me not to go back to my checklist but to rely on Jesus instead. I pray this is the beginning of how I will live the Christian life for the remainder of my life. By your grace, amen.