

CROSSFIT

Climbing the Ladder of Humility

Open in Prayer.

1. TC's first value is a "High and Lofty View of God." Discuss this value and how it relates to the ladder of humility.
 - High and Lofty View of God – "We are committed, through the Spirit's enabling power, to teach a high and lofty view of the Father, the Son, and the Holy Spirit. All our actions, teaching, prayer, mission, and spiritual transformation will be driven by our view of God."
2. STEP 1 – Fear of God and Mindfulness of Him
 - Read Psalm 8:3-4 (NIV) and discuss Step 1.
3. STEP 2 – Doing God's Will (Not Our Own or Other People's)
 - Read Romans 12:2-3 (CSB) and discuss Step 2.
4. STEP 3 – Willing to Subject Ourselves to Direction of Others
 - Read Romans 12:4-5 (CSB) and discuss Step 3.
5. STEP 4 – Patient to Accept the Difficulty of Others
 - Read Galatians 5:22-23 (CSB) and discuss Step 4.
6. STEP 5 – Radical Honesty to Others About Our Weaknesses/Faults
 - Read 2 Corinthians 12:9-10 (CSB).
 - The world says to "Fake it 'till you make it." KJ discussed that this mentality has the potential to destroy your relationships, community, and spiritual growth.
 - Discuss Step 5.
7. STEP 6 – Deeply Aware of Being "Chief of All Sinners"
 - KJ said, "The greater you view God's holiness, the greater you view your sin, and the greater you view your sin, the greater you are moved by the magnitude of His Grace." Discuss this statement.
 - "Humility is not thinking less of yourself, it's thinking of yourself less often." Discuss.
8. STEP 7 – Speaking Less
 - KJ discussed the 'why' behind the words we speak. As a group, discuss practical ways to show humility through our speech.
9. STEP 8 - Transformed into the Love of GOD
 - Having the right view of God transforms the way you love God, yourself, and your neighbors. (Upward, Inward, Outward)
 - Why is it important for us to climb the ladder of humility? Discuss the potential impact this could have on us, our relationships, and the world.
 - Pray that God would transform us into a humble people that reflect His love.

Soul-tattoo: Receive Communion

Close in prayer.