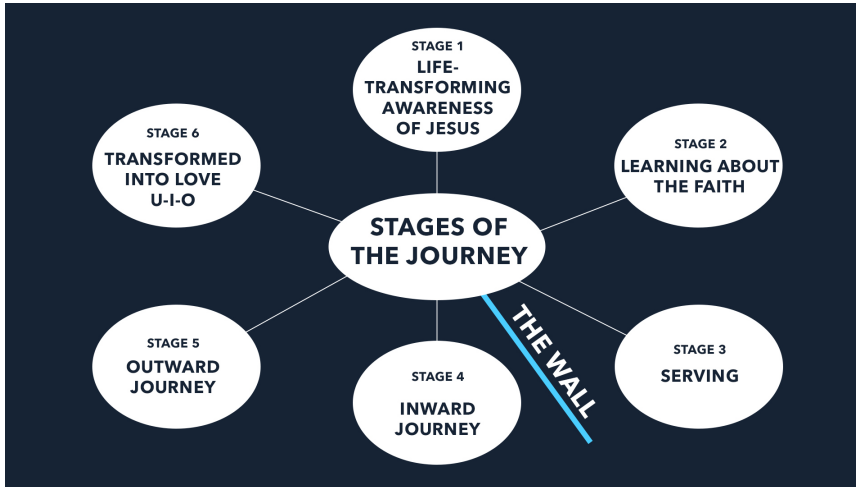


CROSSFIT

Journey through The Wall

1. Open in Prayer



2. Pastor Derwin adapted the “Stages of Faith” by Janet Hagberg and Robert Guelich. These stages are dynamic. Take time to discuss the six stages and insights you have.

- **Stage 1** is conversion.
- **Stage 2** is learning about the faith; it’s primarily cognitive.
- **Stage 3** is when we began to serve at our local church and when we see ourselves serving others.
- **The Wall** happens through a crisis such as job loss, illness, betrayal, great disappointment, failure, etc.
 - Note the wall is not a one-time event. We will experience many walls throughout our lifetime.
- **Stage 4** is when we begin to allow the Spirit of God to heal our deep inner wounds.
- **Stage 5** is “when we rediscover God’s profound, deep, accepting love for us. A deep inner stillness now begins to characterize our work for God.” *Emotionally Healthy Spirituality*, page 120.
- **Stage 6** Upward, Inward, Outward.

3. Pastor Derwin asked the question, “What do you do at The Wall?”

Read and discuss these sermon points and verses.

- Wait on Jesus. Psalms 46:10 (NIV)
- Trust in Jesus. Romans 8:28-29 (NIV)
- Lean on Jesus’ people. Galatians 6:2 (NIV)

4. **What is life like after The Wall?**

- A Greater Level of Brokenness. Read Matthew 5:3 (NIV) and discuss.
- A Greater Appreciation of the Holy Unknowing. Read Isaiah 55:8-9 (NIV) and discuss.
- A Deeper Ability to Wait on God. Read Psalm 27:14 (NIV) and discuss.
- A Greater Detachment. Read 1 Peter 2:11-12 (CSB) and discuss.

Soul-tattoo: Journal and pray through the sermon outline in silence and solitude.