

CROSSFIT

How the Titanic Sank – Part One
Pastor Derwin L. Gray – January 7, 2018

- **How does Jesus embody His Kingdom on earth today?**
 - Through you, the Body of Christ (1 Corinthians 12:12-13 CSB)

- **Who is the Body of Christ?**
 - You are a kingdom of priests called disciples.
(Revelation 1:5-6, 5:9-10 CSB, Matthew 28:18-20 CSB)

- **What is your purpose (vocation) as Jesus' Royal Priest?**
 - Worship and to lead others in worship (1 Peter 2:9 CSB)

- **Living life on the surface will sink you and your vocation.**
 1. Using God to run from God
 2. Ignoring the emotions of anger, sadness, and fear
 3. Denying the impact of our past

Soul-tattoo: Practice the spiritual disciplines of silence and solitude while prayerfully marinating on the sermon notes and study guide questions. (Revelation 1:5-6 CSB)

Crossfit Resources:

- ***Emotionally Healthy Spirituality*** by Pete Scazzero

- **Transform U: Career & Calling** starts March 3. Learn more about how you can use your God-given gifts during this interactive workshop. Register online.

- **Free Bible Commentary (New Testament):**
www.freebiblecommentary.org/new_testament_studies/written_commentaries.htm

- **Free Bible Commentary (Old Testament):**
www.freebiblecommentary.org/old_testament_studies/written_commentaries.htm