

CROSSFIT

How the Titanic Sank – Part One

Read 1 Peter 2:9 and pray the following prayer.

“Holy Spirit, awaken us to the gospel-reality of who we are and what our vocation is as the body of Christ. May we become “Crossfit” through the indwelling life of Jesus, to the glory of the Father. Amen.”

The Titanic sank because it hit an iceberg. Only ten percent of an iceberg can be seen. However, it was the other 90 percent of the iceberg that couldn't be seen that sank the Titanic. Often as Jesus' disciples, we live from the surface and we “sink” because we don't allow the gospel to affect the 90 percent of our life below the surface that can't be seen.

- How have you seen this to be true in your own life?

How does Jesus embody His kingdom on earth today?

- Through you, the body of Christ.
 - Read 1 Corinthians 12:12.
 - How does this gospel-reality shape your thinking?
 - Note: the “Jews and Greeks” multiethnic aspect of being the body of Christ (locally and universally).

Who is the body of Christ?

- You are a kingdom of priests called disciples.
 - Read Revelation 1:5-6; 5:9-10 and Matthew 28:18-20.
 - Being a kingdom of priests means that we stand at the intersection of heaven and earth, holding together in our hearts, our praises, and our urgent intercessions the loving wisdom of the creator God and the terrible reality of his battered world (NT Wright, *The Day the Revolution Began*, page 80).
 - How do these scriptures affect your life?
 - Note the multiethnic aspect of the Kingdom.

What is your purpose (vocation) as Jesus' royal priest?

- Your purpose is to worship and to lead others in worship.
 - Read 1 Peter 2:9.
 - In this passage a royal priesthood, a holy nation describes the people of God—those who place their trust in Christ—using language formerly used of Israel.
 - In the Old Testament, beginning with the exodus narrative, the people of Israel are often described as a nation chosen by God to serve. This language is now applied to believers in Jesus since they are connected to the cornerstone, Christ, and belong to the chosen people of God (1 Peter 2:9–10). As a royal priesthood, all believers are set apart as ministers of the new covenant to the world. Thus, Peter reminds his audience that their time living in exile serves as an opportunity to mediate God's blessing to the foreigners around them (see 1:1 and note). (Barry, J. D., Mangum, D., Brown, D. R., Heiser, M. S., Custis, M., Ritzema, E., ... Bomar, D. (2012, 2016). *Faithlife Study Bible* (1 Peter 2:9). Bellingham, WA: Lexham Press.)
 - Discuss the implications of this gospel-reality.

Living life on the surface will sink you and your vocation.

- Using God to run from God.
 - Discuss the following:
 - “When I do God's work to satisfy me instead of Him.”

- “When I apply biblical truths selectively when it suits my purposes but avoid situations that would require me to make significant life changes.”
 - “When I hide behind God talk, deflecting any spotlight on my inner cracks and become defensive about my failures.”
- Ignoring the emotions of anger, sadness and fear.
 - Instead of trying to make these feeling go away, we must ask the Holy Spirit to help inspect why we are feeling anger, sadness or fear. We have permission to express our feelings. Our feelings are an invitation for Jesus to help us explore the root cause and then allow Him to use them to enhance our spiritual formation.
 - Discuss this reflection.
- Denying the impact of our past.
 - To become a Christian means we are new creations who have to unlearn how the pain of our past negatively affects us. The gospel-transformation demands that we go back in order to break free from unhealthy and destructive patterns that prevent us from loving ourselves and others as God designed.
 - Discuss this reflection.

Soul-tattoo:

- Practice the Spiritual Disciplines of Silence and Solitude while prayerfully marinating on the sermon notes and TC Home Group study guide.
- Silence: spend some time this week alone (Solitude) and in silence prayerfully reflect on these notes.