

## CROSSFIT

### How the Titanic Sank – Part Two

Open in prayer.

Pastor Derwin made the following statements:

- God's goal for you is to reach your redemptive potential as the body of Christ.
  - Read Romans 12:4-5.
  - How does this gospel-reality impact you?
  
- God's goal for you is to reach your redemptive potential as an effective royal priest.
  - Read 1 Peter 2:9.
  - Note: In the Old Testament, beginning with the exodus narrative, the people of Israel are often described as a nation chosen by God to serve as a priesthood (see Exodus 19:5–6). This language is now applied to believers in Jesus since they are connected to the cornerstone, Christ, and belong to the chosen people of God (1 Peter 2:9–10). As a royal priesthood, all believers are set apart as ministers of the new covenant to the world. Thus, Peter reminds his audience that their time living in exile serves as an opportunity to mediate God's blessing to the foreigners around them. (Barry, J. D., Mangum, D., Brown, D. R., Heiser, M. S., Custis, M., Ritzema, E., ... Bomar, D. (2012, 2016). *Faithlife Study Bible* (1 Peter 2:9). Bellingham, WA: Lexham Press.)
  - How does this gospel-identity impact you?
  
- God's goal for you is to reach your redemptive potential as a person who embodies His Temple.
  - Read Ephesians 2:19-22.
  - Note: "household of God". Although Gentiles used to be outsiders, they now belong to God's family. God has adopted Jew and Gentile alike through His Son, Jesus Christ (Ephesians 1:5).
  - Note: Ephesians 2:21 "holy temple". The temple in Jerusalem had an outer area called the Court of the Gentiles. Gentiles could not enter the temple courtyard; they were segregated from the Jews. Through Christ's work of reconciliation, Gentiles are brought together with Jews. Barry, J. D., Mangum, D., Brown, D. R., Heiser, M. S., Custis, M., Ritzema, E., ... Bomar, D. (2012, 2016). *Faithlife Study Bible* (Ephesians 2:21). Bellingham, WA: Lexham Press.
  - The love of God's people for one another is like a magnet that draws others to Jesus.
  - What insights do you have from this gospel-reality?

Living life on the surface will sink you and your vocation.

- Dividing your life into "secular" and "sacred" compartments will cause you to sink.
  - It is easy to compartmentalize God to "Christian activities" around church and prayer, yet not involve God in your job, school, money, sex, or other areas of your life.
  - Why will living a secular vs. sacred life sink you?
  
- Doing for Jesus instead of being with Jesus.
  - Work for God that is not nourished by a deep interior life with God will eventually be contaminated by ego, power, needing approval of and from others, or buying into the wrong ideas of success.
  - Discuss what it looks like when you live life doing for Jesus instead of being with Jesus.
  
- Spiritualizing away conflict. Examples of spiritualizing conflict:
  - Saying one thing to a person's face and then another thing behind their backs.
  - Telling only half truths because you can't bear to hurt a friend's feelings.

- Becoming sarcastic.
- Blaming, attacking, or using passive aggressive behavior.
- Making promises you have no intention of keeping.
- Saying yes, when you mean no.
- Enabling dysfunction.
- Hiding your brokenness, weakness, and failure.
  - Pretending that everything is okay.
  - Discuss how this negatively affects the redemptive purposes of God in your life.

How do you live beneath the surface?

- By being rooted and established in love.
- Read and discuss Ephesians 3:16-19.

**Soul-tattoo:**

- Practice the spiritual disciplines of silence and solitude while prayerfully marinating on the sermon notes and study guide questions.